



130 West 42nd Street, Suite 804 / bet. Broadway and 6th Avenue							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:35 AM	2	1	2	1	2		
8:35 AM	1	Mixed Level 1/2	1	Mixed Level 1/2	1		
9:35 AM		1	Mixed Level 1/2	1			
10:05 AM						1	2
11:05 AM	FREE Introductory Class	FREE Introductory Class				2	1
12:05 PM	1	1	1	1	1	FREE Introductory Class	FREE Introductory Class
12:05 PM	2	2	2	2	2	1	1
1:05 PM	1	1	2	1	1	2	Mixed Level 1/2
1:05 PM	2	2	FREE Introductory Class	2	2		
2:05 PM			1			1	1
3:35 PM					1		
4:35 PM	1	1	1	1	1		
4:35 PM	2	2	2		2		
5:35 PM	1	1	1	1	1		
5:35 PM	2	2	2	FREE Introductory Class	2		
6:35 PM	1	1	1	1	FREE Introductory Class		
6:35 PM	2	2	2	2	2		
7:35 PM	1	1	1	1			
7:35 PM	2	2	2	FREE Introductory Class			Last updated 3/15/08

PLEASE USE OUR ONLINE WEBSCHEDULER FOR UP-TO-THE-MINUTE INFORMATION ON SCHEDULE CHANGES & REGISTRATION:
www.PilatesReformingNY.com